

Quality Action CASE STUDY

1. Name and country of the organisation

(Please state the name and the country of the organisation that implemented this practical application of a QA/QI tool as part of Quality Action. We do not publish this information unless you agree. You can remain anonymous by adjusting the settings at the end of this form.)

HELLENIC CENTER FOR DISEASE CONTROL & PREVENTION (HCDCP), THESSALONIKI OFFICE, Greece. HCDCP/KEELPNO is a legal entity, operating since 1992 under private law with a public service mission, supervised and funded by the Ministry of Health. The Centre has a strong mandate to coordinate the implementation of the national response to HIV/AIDS.

The Thessaloníki office provides prevention programs in the area of HIV/AIDS, psychosocial support to HIV patients and ongoing guidance to anyone that asks for help. The office liaises with regional stakeholders regarding relevant actions.

2. Authors of the case study and contact details

(Please provide then name of the author(s) of this case study and any contact names, Email address or websites where readers can access more information about this practical application of a QA/QI tool.)

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3. External support (facilitators/partners/technical assistance)

(Please list the names of other organisations and/or people who were involved in this practical application of a QA/QI tool, e.g. project partners, technical assistance, external stakeholders etc..)

Project Partner: Christina Christidou, Head of the Health Promotion Office of High Schools of the Western Region of Thessaloniki.

External Support: Vasileia Konte, HCDCP, HIV/AIDS & STI Unit, Athens.

4. Project/programme

(Please briefly describe the project/programme to which you applied the tool.)

Programme of experiential training for high school teachers about interpersonal relationships, HIV/AIDS & STI. The programme has been running successfully since 2002 and trains approximately 20 teachers each year.

The experiential training is about self-awareness, self-esteem, relationships, influences and the development of social skills in order to engage in safer sexual behaviour.

The main goal is to motivate the teachers to use similar experiential programmes promoting healthier behaviours among high school students.

5. Goals/aims of applying the QA/QI tool

(Please list the goals you wanted to achieve with the practical application of the tool.)

- a. The main goal of applying the tool is to assess whether our stakeholders, the high schools teachers, clearly understand the aims of the programme they are trained in, and whether they recognise the need for conducting health education programmes promoting safer sexual behaviour.
- b. To distinguish what is helpful and what is not helpful for the training programme.
- c. To determine and distribute the activities along the time frame.
- d. To maintain cooperation with the head of the Health Promotion Office of High Schools of the Western Region of Thessaloniki.

6. Tool and methodology used

(Please indicate which of the five tools you used (Succeed, QIP, PQD, PIQA, Schiff) and briefly sketch out the steps and measures of how you applied it.)

The tool used was *Succeed*.

Initially, the *Succeed* tool was applied in a small group consisting of the two coordinators (who had been trained in *Succeed* on national level) and the head of the Health Promotion Office of High Schools. Over three meetings, (each had a duration of 2 hours) the three sections of *Succeed* were discussed.

Secondly, parts of *Succeed* were implemented with the team of 16 teacher participants of the most recent training session conducted in November 2015 (first cycle) and February in 2016 (second cycle). They were continually asked if they understood the programme, if they wanted to make any changes and whether they were satisfied or not.

During the whole training, qualitative and quantitative assessments were made.

7. Results and benefits of applying the QA/QI tool

(Please describe what resulted from applying the tool and if and how your project/programme benefitted.)

Results of the tool application:

The criteria for participating in the experiential training were set up.

The content of the programme along with the type of the programme (experiential and participatory) were set up. The open invitation for participating in the training was set up.

Results of the Experiential Training:

Out of twenty teachers who had registered for the program, 16 completed the training.

The training had a duration of 40 hours and was completed in two cycles.

The teachers were very actively input during the training.

There was ongoing qualitative and quantitative assessment.

Some teachers have already applied some exercises with their students and some others have already initiated a health promotion programme.

The teachers reported a high level of satisfaction with the training.

The time frame and the attendance time (which is obligatory in order to achieve a good quality training) must be more explicitly explained.

Upon their registration, participants should be required to apply similar projects in their schools after finishing their training in order to achieve a full qualification and also ensure that the knowledge they gain is transferred to their students.

8. Recommendations

(Please describe the lessons learnt from positive and negative experiences during the process of using the tool itself and about the quality of projects/programmes like yours.)

Succeed is helpful in assessing the planning and implementation of health promotion programmes and, as it assesses all aspects of the programme, it will highlight issues that may need quality improvement if there is such a need.

Succeed offers the possibility of redefining parts of the program.

The tool promotes a climate of cooperation, which adds to the pleasant atmosphere the training itself creates.

Please indicate how you want this case study to be published:

- ☒ *I want this case study to be published mentioning the names of countries, organisations, people and contact details/websites in the text above.*
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Please send the filled in case study to carolin.vierneisel@dah.aidshilfe.de

Thank you!