



**Quality Action**  
Improving **HIV** Prevention in Europe

## Quality Action CASE STUDY

### 1. Name and country of the organisation

*(Please state the name and the country of the organisation that implemented this practical application of a QA/QI tool as part of Quality Action. We do not publish this information unless you agree. You can remain anonymous by adjusting the settings at the end of this form.)*

AIDS Helpline and Counseling Center, Department of Intervention in the Community, Hellenic Centre for Disease Control and Prevention (HCDCP), Athens, Greece

### 2. Authors of the case study and contact details

*(Please provide then name of the author(s) of this case study and any contact names, Email address or websites where readers can access more information about this practical application of a QA/QI tool.)*

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### 3. External support (facilitators/partners/technical assistance)

*(Please list the names of other organisations and/or people who were involved in this practical application of a QA/QI tool, e.g. project partners, technical assistance, external stakeholders etc..)*

Facilitator: Vasileia Konte, HIV and STI Office, HCDCP  
konte@keelpno.gr

### 4. Project/programme

*(Please briefly describe the project/programme to which you applied the tool.)*

Organize a training program for a group of 15 students who will act as peer educators on psychosexual health issues in the Universities of Athens.

The training program will be implemented, after the application of PQD, in November- December 2015.

## 5. Goals/aims of applying the QA/QI tool

*(Please list the goals you wanted to achieve with the practical application of the tool.)*

Aims:

- Improve and assure the quality of the project in terms of goals and measurable results

Goals:

- Improve the reach of the AIDS Helpline and Counseling Centre by creating new programs aiming at the youth population
- Increase the number of young beneficiaries of the AIDS Helpline and Counseling Center
- Broaden the area of our training interventions (including, besides HIV/STI, issues concerning psychosexual health in general)
- Promote pre-counseling and HIV testing among young people
- Provide adequate training to the target group so that they can act as peer educators

## 6. Tool and methodology used

*(Please indicate which of the five tools you used (Succeed, QIP, PQD, PIQA, Schiff) and briefly sketch out the steps and measures of how you applied it.)*

We used the Succeed tool

1) Creation of a working group: it included 5 members of the scientific team of AIDS Helpline and Counseling Centre, namely psychologists, two of which had been trained in Succeed, all experienced in the area of HIV counseling as well as in training interventions regarding psychosocial health issues - Selection of the person in charge.

This group worked on the following:

- definition of the key population: youth (students)
- definition of the selection criteria for the target group (students of social sciences who will act as peers)
- selection procedure of target group
- elaboration of the goals of the training intervention and definition of its guidelines

The group ended its mission, deciding to apply next the PQD regarding the training program

## 7. Results and benefits of applying the QA/QI tool

*(Please describe what resulted from applying the tool and if and how your project/programme benefitted.)*

- Realized the importance of clearly defined concrete and concise goals
- Realized the need to redefine some of our goals so that they can be measurable and facilitate the evaluation procedure of the project.
- Realized the benefits but also the difficulties of group work

## 8. Recommendations

*(Please describe the lessons learnt from positive and negative experiences during the process of using the tool itself and about the quality of projects/programmes like yours.)*

Having to work on the basis of the Succeed tool was very time consuming at first since all the members of the working group were unfamiliar with this working mode.

On the other hand, having to act as "peer educators" ourselves allowed us to reflect on the difficulties a peer educator may encounter and investigate ways to overcome them.

This whole experience improved team cohesiveness and commitment to the project.

Applying the tool improved the quality of our project and offered the possibility for its further evaluation. It also gave us the motivation to further apply other quality tools.

### **Please indicate how you want this case study to be published:**

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Please send the filled in case study to [carolin.vierneisel@dah.aidshilfe.de](mailto:carolin.vierneisel@dah.aidshilfe.de)

**Thank you!**