



Quality Action
Improving **HIV** Prevention in Europe

Quality Action CASE STUDY

1. Name and country of the organisation

(Please state the name and the country of the organisation that implemented this practical application of a QA/QI tool as part of Quality Action. We do not publish this information unless you agree. You can remain anonymous by adjusting the settings at the end of this form.)

AIDS Helpline and Counseling Center, Department of Intervention in the Community, Hellenic Centre for Disease Control and Prevention (HCDCP), Athens, Greece

2. Authors of the case study and contact details

(Please provide then name of the author(s) of this case study and any contact names, Email address or websites where readers can access more information about this practical application of a QA/QI tool.)

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3. External support (facilitators/partners/technical assistance)

(Please list the names of other organisations and/or people who were involved in this practical application of a QA/QI tool, e.g. project partners, technical assistance, external stakeholders etc..)

Facilitator: Vasileia Konte, HIV and STI' s Office, HCDCP
konte@keelpno.gr

4. Project/programme

(Please briefly describe the project/programme to which you applied the tool.)

Based on the importance of sexual behavior among young people, our aim is to run, until the end of November 2015, a 50 hour training program to empower a group of 15 student representatives of social sciences departments in Athens Universities to thereafter act as peer educators on psychosexual health issues.

5. Goals/aims of applying the QA/QI tool

(Please list the goals you wanted to achieve with the practical application of the tool.)

Aims:

- Improve and assure the quality of the project, in terms of goals and measurable results
- Improve the outreach of the AIDS Helpline and Counseling Center to young people
- Increase the number the young beneficiaries of AIDS Helpline and Counseling Center
- Broaden the area of our training interventions (besides HIV/STI, to issues related to psychosexual health in general)
- Promote pre-counseling and HIV testing among young people

Goals:

- Apply the "peer education" approach
- Provide adequate training to the target group so that they can act as peer educators
- Assure evaluation criteria of the training program.

6. Tool and methodology used

(Please indicate which of the five tools you used (Succeed, QIP, PQD, PIQA, Schiff) and briefly sketch out the steps and measures of how you applied it.)

We applied the PQD tool.

We created a working group, which first applied the Succeed tool in order to define the characteristics of the trainee target group, the selection criteria, ways to approach members of the target group as well as the goals of the training program. This working group included 5 psychologists working at the AIDS Helpline and Counselling Center, all experienced in HIV counseling as well as training in interventions regarding psychosocial health issues. Two of them had been trained in the Succeed and PQD tools.

Based on the above results, the working group decided on the application of the PQD tool and worked out the next steps, namely:

- the creation of a group of experts which will collaborate with the working group regarding the evaluation of the training.
- the creation of a focus group for all members of the target group in order to discuss the needs of the target group regarding the training program
- the collaboration of the working group with the experts and the target group representatives, in order to work on the schedule of the program: location content, trainers, incentives, facilitators.

The group also set up a time schedule for the above actions and came up with a proposal, which will be presented to stakeholders and to the board of HCDCP. Within this proposal we have included suggestions for external partners, technical assistance and resources.

7. Results and benefits of applying the QA/QI tool

(Please describe what resulted from applying the tool and if and how your project/programme benefitted.)

- We were able to carefully and concretely plan the steps regarding the training program.
- We were able to see in advance possible errors and difficulties and to start elaborating on ways to overcome them.
- The need for measurable results was very helpful for the above as well as for the planning of the whole project.
- The application of the tools gave us the opportunity to improve our networking and exchange of ideas.

8. Recommendations

(Please describe the lessons learnt from positive and negative experiences during the process of using the tool itself and about the quality of projects/programmes like yours.)

- The initial application of Succeed was extremely helpful for applying PQD later.
- It was not very clear to us whether the optimum time to present the project for approval to the board of HCDCP and to external stakeholders was after the application of Succeed or after the application of the PQD.
- Applying the tool tremendously improved the quality of the project, giving us the opportunity to be more persuasive when proposing it to stakeholders and other external partners,

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Please send the filled in case study to carolin.vierneisel@dah.aidshilfe.de

Thank you!